

Tyler Legacy High School
Strength and Conditioning (C)



Lady Raider Strength and Conditioning (9-12)

This camp is for Incoming Freshman - 12 grade only. Camp Days Monday - Thursday we will go for 4 weeks in June then we will have 2 weeks off from June 29- July 9. Finishing with the last 3 weeks of July

Camp Start Date: June 1, 2026

Start Time: 8:00:00 AM

Camp End Date: July 30, 2026

End Time: 8:50:00 AM

Venue Name: Legacy Indoor Athletic Complex

Venue Address: 4500 Red Raider Drive, Tyler, TX 75703

Camp Cost: Free

Questions: Tony Bush tony.bush@tylerisd.org (936) 404 - 2903